



ELPE Health

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ELPE Health Pty, Ltd is a new and vibrant Allied Health Business established in Ulverstone on the Central Coast of the North West region of Tasmania.

ELPE Health currently employs experienced staff including a Clinical and Registered Psychologists, Accredited Mental Health Social Workers and an Occupational Therapist, ELPE Health also hosts Diabetes Tasmania services on site. The goal is to grow the business according to service needs and gaps in the region, recently expanding to include outreach services in Smithton, Wynyard, Somerset, Sheffield, Zeehan and Queenstown.

PRIVATE PRACTICE MENTAL HEALTH SERVICE - Ulverstone

Michael O'Donnell, Psychologist offers sessions for a range of mental health services for adults and children including life issues including trauma, depression, anxiety, work injury or stress, relationship issues and separation, grief and loss, parenting issues and chronic illness.

Janine Brown, Accredited Mental Health Social Worker offers Mental Health counselling specialising in solution focused interviewing, mindfulness, cognitive behavioural therapy, motivational interviewing, Drug and alcohol intervention, harm minimisation, Disability, clients living with acquired brain injuries and Aboriginal and Torres Strait Islander mental health.

Fees and payments

Psychologist - Fee per session for a 50+ minute consultation are listed below, a \$84.80 rebate from Medicare is available when clients are referred on a MHTP

\$140.00 Payable on the day of consultation (\$55.20 out of pocket after rebate) for Non-Concession Card holder

\$110.00 Payable on the day of consultation (\$25.20 out of pocket after rebate) for Concession Card holder

Mental Health Social Worker - Fee per session for a 50+ minute consultation are listed below, a \$74.80 rebate from Medicare is available when clients are referred on a MHTP

\$110.00 Payable on the day of consultation (\$35.20 out of pocket after rebate) for Non-Concession Card holder

\$95.00 Payable on the day of consultation (\$21.20 out of pocket after rebate) for Concession Card holder

Bulk Billing options may be available for clients experiencing financial hardship.

Referrals

Clients can self-refer and may be able to obtain a rebate from their private health fund.

A GP referral with a mental health treatment plan (MHTP) will allow patients to access a Medicare rebate, the initial referral will entitle them to, up to 6 sessions, the clinician will correspond with the referring GP and if the patient would benefit from further sessions, a review referral would allow patients to access additional sessions (a maximum of 10 sessions per calendar year are available through Medicare).

Please ask for referrals to be faxed to 6425 7667

EFTPOS facilities are available and is the preferred payment option, Medicare online patient claiming is also available.