



ELPE Health

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ELPE Health Pty, Ltd is a new and vibrant Allied Health Business established in Ulverstone on the Central Coast of the North West region of Tasmania in July 2016.

ELPE Health currently employs experienced staff including a Clinical and Registered Psychologists, Accredited Mental Health Social Workers and an Occupational Therapist, ELPE Health also hosts Diabetes Tasmania services on site. The goal is to grow the business according to service needs and gaps in the region, expanding to include outreach services in Wynyard, Somerset, Smithton, Sheffield, Zeehan and Queenstown.

MENTAL HEALTH SERVICE - Queenstown and Zeehan

Geoff Cooper, Registered Psychologist BPsych(Honours) at James Cook University, specialising in all fields of Mental Health including Depression, Anxiety Disorder, Panic Disorder, Anger Management, Alcohol and Drug dependency, Sleep Disorders (including nightmares), Progressive Muscle Relaxation, Post Traumatic Stress Disorder, Personality Disorders, Dissociative Identity Disorder, and assessment and verification of diagnosis under the DSM 5.

Or

Maree Cooper, Registered Accredited Mental Health Clinical Social Worker specialising in all fields of Mental Health including Depression, Anxiety, PTSD and Personality Disorders. Experienced in CBT, (Cognitive Behavioural Therapy), DBT, (Dialectical Behavioural Therapy), and Interpersonal Therapies. Experience in working with Adults, Adolescents and Children. Experienced in Relationship Counselling and Family Therapy.

Referrals

A GP referral with a mental health treatment plan (MHTP) will allow clients to access a Medicare rebate, the initial referral will entitle them to, up to 6 sessions, the clinician will correspond with the referring GP and if the patient would benefit from further sessions, a review referral would allow patients to access additional sessions (a maximum of 10 sessions per calendar year are available through Medicare).

This is a **Bulk Billing** service for clients referred with a MHTP.

Clients can self-refer, the out of pocket fee is between \$110.00 and \$140.00 per 50+ minute consultation, payments can be made over the phone to Ulverstone Office with Credit Card or Direct Deposit details can be provided. Please note; a Private Health refund may apply if self-referred.

Cancellation Policy (for all clients): Failure to attend or cancel an appointment without sufficient notice (**at least 2 hours**) will result in an out of pocket fee of up to **\$65.00**

Please call 03 6425 6901 to make an appointment, all referrals are to be sent to Ulverstone fax 6425 7667.

Mission Statement

ELPE Health is dedicated to providing services that make a difference in people's lives through enablement and empowerment.

Vision Statement

Our aim is to inspire, teach, lead and grow our clients and employees to reach their full potential and beyond.

ELPE Health encourages a wellness approach that focuses on and improves a person's capability, motivation and commitment to maintain independence and achieve their personal goals.